

Borderline Personality Disorder Assessment Questionnaire Codebook

This codebook documents the variables collected from the Borderline Personality Disorder Assessment Questionnaire. It includes the nine open-ended questions along with the annotation guidelines for each question-answer pair.

DSM-5 BPD Criteria-Question Mapping

DSM-5 BPD Criterion A Sub-Criteria	Variable	Question
1	BPD_Q1_Fear_Abandonment	Can you describe situations where you felt a strong need to prevent someone from leaving you, either physically or emotionally? Have you felt this need often?
2	BPD_Q2_Unstable_Relationships	Do you feel that your interpersonal relationships with those you are close to are stable? Have you experienced patterns where you alternate between seeing someone as wonderful and then seeing them as terrible?
3	BPD_Q3_Identity_Disturbance	Can you talk about how you see yourself? Does your perception of yourself (how you view yourself) change frequently?
4	BPD_Q4_Impulsivity	Can you describe any impulsive and potentially self-damaging behaviors you engage in, such as spending money irresponsibly, unsafe sex, substance abuse, reckless driving or binge eating?
5	BPD_Q5_Self_Harm	Can you describe any incidents where you engaged in self-harm or made repeated suicide attempts?
6	BPD_Q6_Mood_Instability	Does your mood change frequently throughout the day? Are there times when you feel intensely happy, sad, anxious or irritated for no apparent reason?
7	BPD_Q7_Chronic_Emptiness	Have you experienced chronic or constant feelings of emptiness?
8	BPD_Q8_Anger	Can you share any experiences where you felt extremely angry or found it hard to control your temper? Have you experienced frequent displays of temper, constant anger, verbal outbursts or recurrent physical fights?
9	BPD_Q9_Paranoia_Reality	Does you describe experiences where you felt intensely suspicious of others (for example, believing people wanted to harm you) or disconnected from reality, especially during stressful times?

BPD Criterion A Questions (n=9) Coding Guidelines

1. Variable : BPD_Q1_Fear_Abandonment

Attribute		Details
Question Text		"Can you describe situations where you felt a strong need to prevent someone from leaving you, either physically or emotionally? Have you felt this need often?"
Domain		Fear of Abandonment / Interpersonal Sensitivity
Type		Qualitative (Open-ended text)
Coding Scheme		Coded into 3 categories based on thematic analysis
Code	Category	Description
0	Not indicative of BPD	No mention of fear of abandonment in response.
1	Indicative of BPD	Mention of mild, moderate or frequent concerns about abandonment in response.
2	Inconclusive	Response is irrelevant to the question or inconclusive.

2. Variable : BPD_Q2_Unstable_Relationships

Attribute		Details
Question Text		"Do you feel that your interpersonal relationships with those you are close to are stable? Have you experienced patterns where you alternate between seeing someone as wonderful and then seeing them as terrible?"
Domain		Interpersonal Instability
Type		Qualitative (Open-ended text)
Coding Scheme		Coded into 3 categories based on thematic analysis
Code	Category	Description
0	Not indicative of BPD	No mention of unstable relationships in response.
1	Indicative of BPD	Mention of idealization and devaluation (mild, moderate, or frequent) and unstable relationships in the response.
2	Inconclusive	Response is irrelevant to the question or inconclusive.

3. Variable : BPD_Q3_Identity_Disturbance

Attribute		Details
Question Text		"Can you talk about how you see yourself? Does your perception of yourself (how you view yourself) change frequently? "
Domain		Identity Disturbance / Self-Concept
Type		Qualitative (Open-ended text)
Coding Scheme		Coded into 3 categories based on thematic analysis
Code	Category	Description
0	Not indicative of BPD	Stable and consistent self-perception inferred from response.
1	Indicative of BPD	Indication of mild, moderate, or significant identity disturbance in the response.
2	Inconclusive	Response is irrelevant to the question or inconclusive.

BPD Criterion A Questions (n=9) Coding Guidelines

4. Variable : BPD_Q4_Impulsivity

Attribute		Details
Question Text	“Can you describe any impulsive and potentially self-damaging behaviors you engage in, such as spending money irresponsibly, unsafe sex, substance abuse, reckless driving or binge eating?”	
Domain	Impulsivity / Risk-taking Behavior	
Type	Qualitative (Open-ended text)	
Coding Scheme	Coded into 3 categories based on thematic analysis	
Code	Category	Description
0	Not indicative of BPD	No mention of impulsive or self-damaging behaviors in response.
1	Indicative of BPD	Mention of mild, moderate or frequent impulsive behaviors in at least two different areas in response.
2	Inconclusive	Response is irrelevant to the question or inconclusive.

5. Variable : BPD_Q5_Self_Harm

Attribute		Details
Question Text	“Can you describe any incidents where you engaged in self-harm or made repeated suicide attempts?”	
Domain	Self-Harm /Suicidality	
Type	Qualitative (Open-ended text)	
Coding Scheme	Coded into 3 categories based on thematic analysis	
Code	Category	Description
0	Not indicative of BPD	No mention of self-harm or suicidal ideation/behavior in response.
1	Indicative of BPD	Mention of suicidal thoughts, attempts or self-injurious behavior in response.
2	Inconclusive	Response is irrelevant to the question or inconclusive.

6. Variable : BPD_Q6_Mood_Instability

Attribute		Details
Question Text	“Does your mood change frequently throughout the day? Are there times when you feel intensely happy, sad, anxious or irritated for no apparent reason?”	
Domain	Affective Instability / Emotional Dysregulation	
Type	Qualitative (Open-ended text)	
Coding Scheme	Coded into 3 categories based on thematic analysis	
Code	Category	Description
0	Not indicative of BPD	No mention of significant mood fluctuations in response.
1	Indicative of BPD	Mention of frequent or rapid mood fluctuations in response.
2	Inconclusive	Response is irrelevant to the question or inconclusive.

BPD Criterion A Questions (n=9) Coding Guidelines

7. Variable : BPD_Q7_Chronic_Emptiness

Attribute		Details
Question Text		"Have you experienced chronic or constant feelings of emptiness?"
Domain		Chronic Emptiness
Type		Qualitative (Open-ended text)
Coding Scheme		Coded into 3 categories based on thematic analysis
Code	Category	Description
0	Not indicative of BPD	No mention of feelings of emptiness in response.
1	Indicative of BPD	Mention of frequent or chronic feelings of emptiness in response.
2	Inconclusive	Response is irrelevant to the question or inconclusive.

8. Variable : BPD_Q8_Anger

Attribute		Details
Question Text		"Can you share any experience where you felt extremely angry or found it hard to control your temper? Have you experienced frequent displays of temper, constant anger, verbal outbursts or recurrent physical fights?"
Domain		Anger Dysregulation
Type		Qualitative (Open-ended text)
Coding Scheme		Coded into 3 categories based on thematic analysis
Code	Category	Description
0	Not indicative of BPD	No mention of anger control issues or angry outbursts in the response.
1	Indicative of BPD	Mention of occasional, frequent or constant anger and/or angry outbursts in response.
2	Inconclusive	Response is irrelevant to the question or inconclusive.

9. Variable : BPD_Q9_Paranoia_Reality

Attribute		Details
Question Text		"Can you describe experiences where you felt intensely suspicious of others (for example, believing people wanted to harm you) or disconnected from reality, especially during stressful times?"
Domain		Paranoia / Dissociation
Type		Qualitative (Open-ended text)
Coding Scheme		Coded into 3 categories based on thematic analysis
Code	Category	Description
0	Not indicative of BPD	No mention of paranoia or dissociation in response.
1	Indicative of BPD	Mention of suspiciousness, dissociative episodes under stress or significant reality disconnection in response.
2	Inconclusive	Response is irrelevant to the question or inconclusive.